


NOVEMBER 2019 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 6-8 Breakfast</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
				11-1 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Fruit Juice Got Milk
11-4  Café LA Coffee Cake - V Fruit- S Fruit Juice Got Milk	11-5 Chicken Pancake Sandwich Fruit- S Fruit Juice Got Milk	11-6 French Toast Trio - V Fruit- S Fruit Juice Got Milk	11-7 Chocolate Crescent - V Fruit- S Fruit Juice Got Milk	11-8 Fiesta Bean & Cheese Burrito - V Fruit- S Fruit Juice Got Milk
11-11 VETERANS DAY HOLIDAY	11-12 Café LA Coffee Cake - V Fruit- S Fruit Juice Got Milk	11-13 Gourmet Waffles- V Fruit- S Fruit Juice Got Milk	11-14 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Fruit Juice Got Milk	11-15 Chicken Pancake Sandwich Fruit- S Fruit Juice Got Milk
11-18 Café LA Coffee Cake - V Fruit- S Fruit Juice Got Milk	11-19 French Toast Trio - V Fruit- S Fruit Juice Got Milk	11-20 Morning Beef Sausage Sandwich Fruit- S Fruit Juice Got Milk	11-21 Cinnamon Pancakes - V Fruit- S Fruit Juice Got Milk	11-22 <i>New!</i> Italian Cheese Pocket - V Fruit- S Fruit Juice Got Milk
11-25 Café LA Coffee Cake - V Fruit- S Fruit Juice Got Milk	11-26 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Fruit Juice Got Milk	11-27 French Toast Trio - V or Mini French Toast Bites - V Fruit- S Fruit Juice Got Milk	THANKSGIVING DAY HOLIDAY	

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (S) can be saved for later **V:** Vegetarian items

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